

## ABSTRACT

The present invention provides novel compositions and methods for

5 lowering blood glucose levels, as well as manufacture processes for producing the compositions. Specifically, the present invention provides novel compositions that are extracts of the plant *Prunella Linn* and/or *Rabdosis (Blume) Hasskarl* containing enriched corosolic acid. Methods of isolating corosolic acid at high purity from these plants are also provided.

10 These extracts and the purified corosolic acid can be used for lowering blood sugar levels and reducing accumulation of triglyceride in the treatment of diabetes, obesity and related conditions.